

# Volunteer Package Kilimanjaro Childlight Foundation (KCF)

## About

Kilimanjaro Childlight Foundation (KCF) is a non-governmental organization working to improve the lives of disadvantaged and vulnerable children in Tanzania. We assist children who live in poverty and are unable to receive proper education and health services. KCF's community outreach projects strive to improve the lives of Tanzania's children by providing them with proper clothing, nourishment, education and medical care. We also work to improve the living conditions of vulnerable children by renovating local schools, orphanages, and houses to ensure they live happy, healthy, and productive lives.

KCF was founded in 2014, and was originally called the Kilimanjaro Community Support Foundation (KCSF). Due to the Tanzania registration act of 5/5/2015 we officially changed our name to the Kilimanjaro Childlight Foundation. We are officially licensed and recognized as a Non-Governmental Organization by the United Republic of Tanzania our registration number is 00NGO/00007950.

Our mission is to provide a brighter future to disadvantaged and vulnerable children.

Our vision is for all children to have a bright and hopeful future.

## Why Volunteer with KCF

*"If you ever think you're too small to be effective, you've never been in bed with a mosquito!"* — Wendy Lesko

There are many reasons to volunteer with KCF including the following:

- It will be an unforgettable experience - you will get to engage in Tanzanian life, learn more about the culture, share your knowledge and get to know and learn from the locals.
- As a relatively new local NGO, KCF lacks the resources of other larger charities. As a small organization, it is more difficult for us to receive international funding - so we rely on the assistance and funds from our volunteer programs.
- We are more affordable than other international volunteering organizations as there is no middle man. This means there is no administration fee and all your money goes to KCF.
- Moshi is a very poor region of Tanzania and there is great need in many of the communities. Volunteers have the opportunity to make a real difference.
- Volunteering can be a great way to build confidence, develop personally, learn new skills or even just develop old ones. It looks good on your CV and may give you something interesting to talk about in a job interview.

## **Volunteer Programs**

When we receive your application we will tailor a volunteer program suitable to your skills and your expectations. When you arrive you will have an orientation meeting with the staff where you will find out more information about Tanzanian culture, our projects and the type of work you will be carrying out during your stay. You will be given a local SIM, for which you can buy internet data, to keep in touch with friends and family. Volunteers are expected to work five days a week and will have their weekends off.

## **Cost, Food and Accommodation**

You can choose from a number of types of accommodation to suit your budget:

Camping \$4

Dorm \$6

Private rooms shared bathroom \$10

Private rooms shared bathroom including breakfast \$15

Private room en-suite including breakfast \$20

*Volunteers can choose to have their food included for an extra cost of \$6? a day or self cater in our kitchen.*

## **Program fees**

We ask volunteer's to pay a volunteer program fee to cover the running costs of the project they will be assisting with. The fee will cover your transport to volunteering sites, an orientation meeting on arrival, local SIM card, and a donation to the project. The cost varies depending on what project you will volunteer on and the length of stay your but is approximately \$30? a week.

For our Future Light Projects we ask groups to fundraise a certain amount before their trip to cover the costs of building materials and project running costs. The amount varies depending on what kind of project you will take part in it ranges from \$500 - \$3000 per group. Individual volunteers joining a group are asked to fundraise a smaller amount. Please contact us for more details.

## Things To Do On Your Time Off

If you would like to explore other parts of Tanzania while you are here, there are a variety of things to do on your time off. We can arrange tours, safaris and hikes with a local tour company Kili Heroes Adventures and a percentage of the profits will go to KCF.

There are many things around Moshi that volunteers can do:

- Visit some rural villages to learn about and experience Tanzanian life
- Learn to cook Tanzanian food such as Ugali, Makande and Machalari
- Learn to play the African drums
- Sing and learn Tanzanian songs and dances
- Go shopping in Moshi and buy some souvenirs
- Learn to speak Swahili
- Hike in the countryside
- Visit nearby waterfalls for a swim
- Learn about Masai culture and visit a Masai village
- Relax in Kikuletwa hot springs
- Relax by a swimming pool and soak up some rays
- Visit Moshi's bars and nightclubs and maybe learn some new dance moves
- Find some bargains and fresh food in Moshi market.

There are also many hiking, safari and cultural trips you can do

### Hiking

**Climb Mount Kilimanjaro:** Climb Africa's highest peak, and the tallest freestanding mountain in the world. There are a number of different routes to take that range from 6-8 days. If you don't fancy trying to make it to the top you could do a day trip to the first camp to get a feel for the mountain.

**Climb Mt Meru:** Mt. Meru is located in the heart of Arusha National Park and it is 50 miles west of Mt. Kilimanjaro. Mt. Meru is a massive volcano reaching 4,565 meters. This trek serves as an ideal warm up for Mt. Kilimanjaro due to its altitude acclimatization and hiking distances. This trek is also geared towards hikers that prefer less crowds and a challenging ascent.

### Go on Safaris to:

#### Serengeti National Park

Serengeti National Park, a vast and beautiful expanse of 14,763 square kilometers, is perhaps the world's most famous wildlife sanctuary. A World Heritage Site and Biosphere Reserve, the Serengeti supports the largest concentration of plains game in the world. In addition to watching the incredible procession of almost two million wildebeest and zebra

that takes place each year from December to August, many people visit the Serengeti to search for big cats.

### **Ngorongoro Conservation Area**

Often called the eighth wonder of the world, Ngorongoro Crater is the largest unbroken caldera in the world, and is one of the only places in Africa you can view every member of the “big five” (rhinoceros, lion, cheetah, leopard and elephant) on a single game drive. Unique to Ngorongoro, indigenous tribes are permitted to live in the conservation area and local Maasai graze their livestock on the crater floor in harmony with nearby herds of buffalo and wildebeest.

### **Tarangire National Park**

Tarangire National Park is famous for its giant baobab trees as well as the thousands of elephants and giraffes feeding along the banks of the Tarangire River. It is home to large lion prides and boasts around 500 bird species. Tarangire has the largest termite mounds in Tanzania, some of which reach up to fifteen feet in height. Many of Tarangire’s animals migrate out of the park during the wet season; thus Tarangire’s best game viewing is during the dry months of July through November when wildlife congregates around the Tarangire River. Bush walks and night drives are permitted from some camps in Tarangire.

### **Lake Manyara National Park & Karatu**

Lake Manyara National Park lies 130 kilometers outside of Arusha town and encompasses Lake Manyara and its surroundings. There are five different vegetation zones including groundwater forest, acacia woodland, open areas of short grass, swamps and the lake’s alkaline flats. The park’s wildlife includes more than 350 species of birds, baboon, warthog, giraffe, hippopotamus, elephant and buffalo. If lucky, catch a glimpse of Manyara’s famous tree-climbing lions.

### **Arusha National Park**

The often-overlooked Arusha National Park offers some of the most breathtaking scenery in Northern Tanzania. Arusha National Park includes Mount Meru, and game highlights include giraffe, cape buffalo, elephant, zebra, flamingo and hippo. Several primate species including black and white colobus monkey, Syke’s monkey and vervet monkey thrive in the tropical forests. The patient ornithologist will be rewarded with opportunities to spot elusive forest birds such as Hartlaub’s Turaco. Bush walks and canoe safaris are permitted in Arusha National Park.

### **Experience some Tanzanian Culture**

**ILKIDING’A:** You will be shown Maasai Boma, the oldest African irrigation system and experience waarusha cultural and enjoy traditional food. You will also walk into the house of the traditional healer who will answer historical questions. Craftsmen group will show you small wooden stools, jewellers, knives and traditional clothing.

**ILKUROT:** Its located 20km west of Arusha city along Nairobi road. Here you will have trekking experience of Ngorora Hill, thereafter visit Maasai Boma to have true experience of African Culture on general Maasai life, Maasai dancing group and visit Maasai colourful market.

**LONGIDO:** Near the Kenyan boarder, Namanga in Longido you will have a unique experience taming animals by camel ride, learn and even act the Maasai way of life. Animal and Bird watching experience is what you can never miss a day in Longido.

**SAPUK:** In a cultural tour in Sapuk you will visit the amazing Waterfall, beautiful forest catchment, Hollytree view of the city of Arusha. The more you spend time in the tour the most you enjoy tour and learn more.

## **How To Get Here**

The easiest way to get to us is to fly into Kilimanjaro International Airport and we can arrange an airport pick up for you. You can also fly into Julius Nyerere International Airport into Dar es Salaam and get a 7-10hr bus to Moshi and we can pick you up at the bus station.

## **What To Do Before You Come**

Volunteers are responsible for arranging their own visas for Tanzania, travel insurance and travel vaccinations. We recommend that volunteers take malaria tablets while here and these should be attained before your visit.

## **Fundraising**

Volunteers can fundraise for their trip to cover the program costs and also raise extra funds for KCFs work. This can lead to a more fulfilling trip as you will be able to see how the money raised is being spent and report back to your friends and family on the impact it has made. We ask Project Future Light volunteers to fundraise a set amount for the project before their trip. Please see below for some ideas for fundraising.

### Fundraising Ideas

- Climb Mount Kilimanjaro for KCF. (Please contact us for more information)
- Have a fundraising event or party with an entrance charge.
- Organise a raffle and try and get the prizes donated.
- Set up an online fundraising page and share it with your friends and family by email and social media.

- Research local civic groups such as Rotary and Lions, or other special-interest groups who might be interested in sponsoring you.
- Ask your local church, mosque, synagogue, etc. if they would be willing to hold a special collection for you.
- Have a bake sale at work or in your local community.
- Partner with your local supermarket and pack bags for donations.
- Arrange a fun quiz night.
- Have a clothing sale party and sell some clothes you do not wear anymore.
- Look for sponsorship from local businesses in your area.
- Buy some lollipops, put a thank you note on them and sell them to your neighbours, friends, family and work colleagues.

## **What to Bring**

This will vary from person to person for personal items, but we do recommend you bring the following: travel insurance details, personal medications, insect repellent and sun cream.

## **Bringing Resources**

We are always very grateful for any resources volunteers can bring with them such as:

- Educational and reading books, posters, colouring pencils, crayons, stationary, colouring books, balloons, bubbles, balls and toys.

## **A Big Thank You From KCF**

We would like to take this opportunity to thank you for deciding to come and volunteer with KCF. Your assistance is greatly appreciated and will help us continue our work to improve the lives of some of the most vulnerable children in Tanzania. We are looking forward to working with and sharing our culture with you.

Karibu sana (You are welcome)